



- 1. Take the measure while seated, placing the measuring tape under your knee and continue to your neck as shown below.
- Choose your harness size according to the table. If you seem to fit two sizes, add the seatplate width into account as well.
 If you think wider seat to be more comfortable, stay with bigger size. Remember that smaller sizes have lower suspension height. Difference of this height between sizes is 1 cm.

104 105 106 107 108 109 110 111 112 113 114 115 116 117 118 119 120 121 122 123 124 125 126 127 128



	Suspension height (cm)	Seat width (cm)	Seat depth (cm)	Back support height (cm)
S	43	24/31	43	60
\mathbb{M}	44	26/33	45	63
L	45	27/34	47	66
XL	46	28/35	50	69